

We will keep the community updated via the school website, texts and our social media. Please use the government and NHS websites for advice about symptoms, and call NHS 111 if your symptoms worsen. Please do keep in contact with the school in the normal way and inform your Headteacher if you have any concerns.

Please see below for the existing advice and links that should help you further.

### **Symptoms of Coronavirus:**

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly
- loss or change to your sense of smell or taste

Please ensure that you are following the general advice of regularly hand washing, avoiding touching your eyes, nose and mouth with your hands and carrying tissues to catch coughs and sneezes etc. You can find more information from the NHS here:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

## **Use the NHS 111 online coronavirus service if:**

- you're worried about your symptoms
- you're not sure what to do

Link to NHS 111 online coronavirus service: <https://111.nhs.uk/covid-19/>

Call 111 if you cannot get help online. Do not go to places like a GP surgery, hospital or pharmacy.

### **Department for Education helpline:**

The Department for Education has launched a new helpline to answer questions about COVID-19 related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687

Email: [DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

Opening hours: 8am to 6pm (Monday to Friday)

### **Where to find the latest information and updates on the coronavirus:**

#### **NHS guidance:**

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

**Government guidance:**

<https://www.gov.uk/coronavirus>

**Government's 'Plan to rebuild':**

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/884171/FINAL\\_6.6637\\_CO\\_HMG\\_C19\\_Recovery\\_FINAL\\_110520\\_v2\\_WEB\\_1\\_.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/884171/FINAL_6.6637_CO_HMG_C19_Recovery_FINAL_110520_v2_WEB_1_.pdf)

**Government stay at home guidance:**

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

**Government guidance on shielding and protecting people defined on medical grounds as extremely vulnerable**

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

**Government guidance for the public on the mental health and wellbeing aspects of coronavirus (COVID-19)**

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19#additional-advice-for-groups-with-specific-mental-health-needs>

**Government guidance on what parents and carers need to know about early years providers schools and colleges during the coronavirus outbreak**

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>

**Government guidance for parents and carers attending out of school settings during the coronavirus outbreak**

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

## **Government guidance on Safe working in education, childcare and children's social care settings, including the use of personal protective equipment (PPE)**

<https://www.gov.uk/government/publications/safe-working-in-education-childcare-and-childrens-social-care/safe-working-in-education-childcare-and-childrens-social-care-settings-including-the-use-of-personal-protective-equipment-ppe>

## **Government guidance to educational settings:**

<https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak>

<https://www.gov.uk/government/publications/covid-19-free-school-meals-guidance/covid-19-free-school-meals-guidance-for-schools>

## **Government travel advice:**

<https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>

<https://www.gov.uk/government/publications/coronavirus-covid-19-travel-advice-for-educational-settings>

<https://www.gov.uk/guidance/travel-advice-novel-coronavirus>

## **Government and other online resources for home education:**

<https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education>

<https://www.bbc.co.uk/teach/live-lessons>

<https://www.gov.uk/guidance/supporting-your-childrens-education-during-coronavirus-covid-19>

## **Range of lessons available for children of all ages:**

The Oak National Academy provides a fantastic range of lessons for children of all ages at <https://www.thenational.academy/>

This is a national initiative that is financially supported by the government and produced by a collaboration of organisations.

## **Free online training for adults through the Skills Agency**

A free online platform has been launched to help develop workplace skills while people are staying at home, giving access to free digital and numeracy courses.

<https://theskillstoolkit.campaign.gov.uk/>